



Ashbury Meadow PSHE Curriculum Overview

- SMSC
- British Values
- RSE
- LGBT+

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
CORAM Scarf Unit		Me and My Relationships	Rights and Responsibilities	Valuing Difference	Being My Best	Growing and Changing	Keeping Myself Safe
EYFS	Nursery	<ul style="list-style-type: none"> - Marvellous me - I'm special 	<ul style="list-style-type: none"> - Looking after myself - Looking after Others - Looking after my environment 	<ul style="list-style-type: none"> - Me and my friends - Friends and family - Including everyone 	<ul style="list-style-type: none"> - What does my body need? - I can keep trying - I can do it! 	<ul style="list-style-type: none"> - Seasonal walks/weather watch - Growing plants - Caterpillars, tadpoles and eggs 	<ul style="list-style-type: none"> - People who keep me safe (including Listening to my feelings)
	Reception	<ul style="list-style-type: none"> - All about me - What makes me special - Who can help me? - My feelings (2 lessons) 	<ul style="list-style-type: none"> - Looking after my special people - Looking after my friends - Being helpful at home and caring for our classroom - Caring for our world - Looking after money (2 lessons) 	<ul style="list-style-type: none"> - I'm special, your special - Same and different - Same and different families - Same and different homes - Kind and caring (2 lessons) 	<ul style="list-style-type: none"> - Bouncing back when things go wrong - Yes, I can! - Healthy eating (2 lessons) - Move your body - A good night's sleep 	<ul style="list-style-type: none"> - Seasons - Life stages – plants, animals, humans - Life stages – Human life stage – who will I be? - Where do babies come from? - Getting bigger - Me and my body – girls and boys 	<ul style="list-style-type: none"> - What's safe to go into my body? - Keeping myself safe – What's safe to go into my body? (including medicines) - Safe indoors and outdoors - Listening to my feelings - Keeping safe online - People who help keep me safe



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Key Stage 1	Year 1	<ul style="list-style-type: none"> - Why we have classroom rules - Thinking about feelings - Our feelings - Feelings and bodies - Our special people balloons - Good friends - How are you listening? 	<ul style="list-style-type: none"> - Harold's wash and brush up - Around and about the school - Taking care of something - Harold's money - How should we look after our money? - Basic first aid 	<ul style="list-style-type: none"> - Same or different? - Unkind, tease or bully? - Harold's school rules - Who are our special people? - It's not fair! 	<ul style="list-style-type: none"> - I can eat a rainbow - Eat well - Catch it! Bin it! Kill it! - Harold learns to ride his bike - Pass the praise! - Harold has a bad day 	<ul style="list-style-type: none"> - Inside my wonderful body! - Taking care of a baby - Then and now - Who can help (swap with lesson 1 - keeping myself safe) - Surprises and secrets - Keeping privates private 	<ul style="list-style-type: none"> - Healthy me - Super sleep - Who can help (swap with lesson 2 - growing and changing) - Harold loses Geoffrey - What could Harold do? - Good or bad touches? - Sharing pictures
	Year 2	<ul style="list-style-type: none"> - Our ideal classroom (2 lessons) - How are you feeling today? - Bullying or teasing? - Don't do that! - Types of bullying - Being a good friend - Let's all be happy! 	<ul style="list-style-type: none"> - Getting on with others - When I feel like erupting - Feelings safe - How can we look after our environment? - Harold saves for something special - Harold goes camping - Playing games 	<ul style="list-style-type: none"> - What makes us who we are? - How do we make others feel? - My special people - When someone is feelings left out - An act of kindness - Solve the problem 	<ul style="list-style-type: none"> - You can do it! - My day - Harold's postcard - helping us to keep clean and healthy - Harold's bathroom - My body needs... - What does my body do? 	<ul style="list-style-type: none"> - A helping hand - Sam moves away - Haven't you grown! - My body, your body - Respecting privacy - Basic first aid 	<ul style="list-style-type: none"> - Harold's picnic - How safe would you feel? - What should Harold say? - I don't like that! - Fun or not? - Should I tell? - Some secrets you should never keep



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Lower Key Stage 2	Year 3	<ul style="list-style-type: none"> - As a rule - My special pet - Tangram team challenge - Looking after our special people - How can we solve this problem? - Dan's dare - Thunks - Friends are special 	<ul style="list-style-type: none"> - Our helpful volunteers - Helping each other stay safe - Recount task - Harold's environment project - Can Harold afford it? - Earning money 	<ul style="list-style-type: none"> - Family and friends - My community - Respect and challenge - Our friends and neighbours - Let's celebrate our differences - Zeb 	<ul style="list-style-type: none"> - Derek cooks dinner! (healthy eating) - Poorly Harold - For or against? - I am fantastic! - Getting on with your nerves! - Body team work - Top talents 	<ul style="list-style-type: none"> - Relationship tree - Body space - Secret or surprise? - My changing body - Basic first aid 	<ul style="list-style-type: none"> - Safe or unsafe? - Danger or risk? - The risk robot - Alcohol and cigarettes: the facts - Super searcher - None of your business! - Raisin challenge (1) - Help or harm?
	Year 4	<ul style="list-style-type: none"> - An email from Harold! - Ok or not ok? (2 lessons) - Human machines - Different feelings - When feelings change - Under pressure 	<ul style="list-style-type: none"> - Who helps us stay healthy and safe? - It's your right - How do we make a difference? - In the news! - Safety in numbers - Logo quiz - Harold's expenses - Why pay taxes? 	<ul style="list-style-type: none"> - Can you sort it? - Islands - Friend or acquaintance? - What would I do? - The people we share our world with - That is such a stereotype! 	<ul style="list-style-type: none"> - What makes me ME! - Making choices - SCARF hotel - Harold's seven Rs - My school community (1) - Basic first aid 	<ul style="list-style-type: none"> - Moving house - May feelings are all over the place! - All change! - Preparing for periods - Secret or surprise? - Together 	<ul style="list-style-type: none"> - Danger, risk or hazard? - Picture wise - How dare you! - Medicines: check the label - Know the norms - Keeping ourselves safe - Raisin challenge (2)



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Upper Key Stage 2	Year 5	<ul style="list-style-type: none"> - Collaboration challenge! - Give and take - How good a friend are you? - Relationship cake recipe - Being assertive - Our emotional needs - Communication 	<ul style="list-style-type: none"> - What's the story? - Fact or opinion? - Rights, responsibilities and duties - Mo makes a difference - Spending wisely - Lend us a fiver! - Local councils 	<ul style="list-style-type: none"> - Qualities of friendship - Kind conversations - Happy being me - The land of the Red People - Is it true? - It could happen to anyone - Boys will be boys? – challenging work-place gender stereotypes 	<ul style="list-style-type: none"> - Getting fit - It all adds up! - Different skills - My school community (2) - Independence and responsibility - Star qualities? - Basic first aid 	<ul style="list-style-type: none"> - How are they feeling? - Taking notice of our feelings - Dear Hetty - Changing bodies and feelings - Growing and changing bodies - Help! I'm a teenager – get me out of here! - Dear Ash - Stop, start, stereotypes 	<ul style="list-style-type: none"> - 'Thinking' about habits - Jay's dilemma - Spot bullying - Ella's diary dilemma - Decision dilemmas - Play, like, share - Drugs: true or false? - Smoking: is it normal? - Would you risk it?
	Year 6	<ul style="list-style-type: none"> - Working together - Let's negotiate - Solve the friendship problem - Assertiveness skills - Behave yourself - Dan's day - Don't force me 	<ul style="list-style-type: none"> - Two sides to every story - Fakebook friends - What's it worth? - Jobs and taxes - Action stations! - Project pitch (2 parts) 	<ul style="list-style-type: none"> - Ok to be different - We have more in common than not - Respecting differences - Tolerance and respect for others - Advertising friendships! 	<ul style="list-style-type: none"> - Five ways to wellbeing project - This will be your life! - Our recommendations - What's the risk (2 lessons) - Basic first aid 	<ul style="list-style-type: none"> - Helpful or unhelpful? - Managing change - I look great! - Media manipulation - Pressure online - Is it normal? - Dear Ash - Making babies 	<ul style="list-style-type: none"> - Think before you click - Traffic lights - To share or not to share? - Rat park - What sort of drug is...? - Drugs: it's the law!

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		<ul style="list-style-type: none">- Acting appropriately- It's a puzzle	<ul style="list-style-type: none">- Democracy in Britain 1 – Elections- Democracy in Britain 2 – How (most) laws are made	<ul style="list-style-type: none">- Boys will be boys?<ul style="list-style-type: none">– challenging gender stereotypes		<ul style="list-style-type: none">- What is HIV?	<ul style="list-style-type: none">- Alcohol: what is normal?- Joe's story (2 parts)
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