

## **Ashbury Meadow Primary School – Personal Development Overview**

Whole School Approaches to Support Personal Develop	Whole School Days
<ul> <li>UNICEF Rights Respecting School Award</li> <li>Nurture Schools UK</li> <li>Learning outside of the classroom</li> <li>ELKLAN</li> <li>Zones of Regulation</li> <li>Rainbow Flag Award</li> <li>Primary Futures</li> <li>School Council</li> <li>Rights Respecting Team</li> <li>Manchester Healthy Schools Award</li> <li>Weekly celebration Assemblies</li> <li>Growth Mindset Award (awarded at the end of each term)</li> <li>Personal Development Award –         Bronze/Silver/Gold (awarded at the end of each term)</li> </ul>	<ul> <li>Hello Yellow Day</li> <li>Global Day</li> <li>Children in Need</li> <li>Comic Relief</li> <li>World Religion Celebration Days</li> <li>Children's Mental Health Week</li> <li>Walk to School Week</li> <li>Black History Month</li> <li>Anti-bullying Week</li> <li>Wearing My Scarf to School Day</li> <li>Safer Internet Day</li> <li>Christmas Jumper Day</li> <li>Healthy Lifestyles Day</li> <li>Sports Day</li> <li>Road Safety Week</li> <li>LGBTQ+ History Month</li> </ul>

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Whole School Focus	Resilience	Healthy Minds	Citizenship	British Values	Equality & Diversity	Change
	School Culture	Building Positive	Behaviour	Attitudes to Learning	Communication	Pupil Voice	Celebration
		Relationships					
	Citizenship	SMSC	Healthy Living	British Values	Equality & Diversity	Transition	Careers

- Script for identifying emotions
- Coloured happy faces to reinforce expectations.
- Expectations reinforced with visuals and signs
- Colour behaviour chart
- Turn taking activities
- Play coaching sessions
- Explicit lessons on identifying people around themfamily/ teachers/ peers/ people around school

- ZOR work to identify own emotions/ regulate self
- Visuals to support children to communicate their wants/ needs
- Explicit activities teaching independence skills
- Purposeful sabotage to provide opportunities for independence skills
- Praise tailored to individuals, e.g. stickers/ colour chart/ high 5s/ applause
- Colour face visuals as praise/ motivation, i.e. i will be happy when...

- Science topic on plants/ food comes from plants
- Healthy snacks/ fruit always available at playtime
- Discussions on why our bodies need food/ water, i.e. to give us energy to learn, play and move
- Sensory circuits or daily mile every morning
- PE/dance transitions
- Sports trolley in playground with array of sporting equipment to choose from
- Sensory toys/ equipment available to support sensory needs
- Peer massage
- Calming stime/meditatio

- communication
  approach (visuals/
  signs/ gesture/
  verbal) so all
  children have
  right to
  communicate and
  understand
- Giving simple choices between
   2 options alongside visual support
- boards around classroom/ individual communication board books allow all students to communicate their wants and needs
- children have class responsibilities, e.g. tidying up/register monitors
- Weekly assemblies

- Learning basic
  early concept of
  what 'same' and
  'different' mean,
  i.e. identifying
  things that are the
  same and
- Representation in books available in class

different

- Representation through visuals/ widgets/ pictures used in learning sessions
- Learning about our own families and the families of our peers

- Clear expectations reinforced with visuals and signs
- Visual timetable and now next board referred to during every transition in the day
- Individual now next boards for additional support
- Reflection on negative incidents at appropriate level with visual support
- Explicit lessons on key vocabulary needed to keep themselves safe, i.e. wait/ stop
- Children always stay with an adult

- Topic on people who help us around school
- characters of different occupations, plus vehicles and places of work to match them to during imaginative play time
- Costumes of occupations in dressing up box.
- Next half term, topic on jobs/ occupations

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Citizenship	SMSC	Healthy Living	British Values	Equality & Diversity	Transition	Careers
		Healthy eating				
		posters displayed				
		in classroom				

- PSHE assemblies, new child buddied with another child, esp EAD.
- Team games parachute games
- Reception topic -Amazing Me and My Community
- Nursery topic All About Me -Children begin to explore the differences and similarities and differences between themselves, their families and their friends.
- Parent/Child
   Library Loan Parents are
   invited to come
   into school one
   day a week to
   choose a book
   with their child.
   They can take this
   book home to
   share with their
   child.

- Cultural
  performances Nursery take part
  in a Dragon Dance
  for Chinese New
  Year. Reception
  perform a Nativity
  at Christmas time,
  Summer and
  Spring sing alongs.
- Chatterbox group for reluctant speakers
- Mindful moments
- Rainbow challenge
- Butterflies and chicks and our life cycles
- Height measuring at the start of the year and at the end of the year to help begin to understand how their bodies have changed and how they have grown.
- Class assemblies investigating different cultures and their special

- Hand washing visit from nurse
- Mindful moments prior to learning.
- Hello yellow day.
- Wear your scarf to school day.
- Visit from Coram Scarfe and Harold the Giraffe; How to look after ourselves.
- Tooth brushing and visit from Manchester Health organisation to support tooth brushing
- Planting seeds
- Healthy snacks
- Toileting
- Get set 4 P.E./City in the community
- Prime time
- Wake up, Shake up/write dance

- Voting in lessons
- Rights respecting assemblies
- Class charter
- rights respecting displays
- British values display
- nurture school display
- Behaviour chart using the traffic light system
- Rainbow challenge and continuous provision

- Celebration and Festivals topics
- Our Wonderful World Topic
- Class assemblies and circle times
- Adaptive teaching across EYFS for SEND children
- Role play of nonstereotypical roles during continuous provision
- Tapestry homework
- Mother's Day and Father's Day tea parties: Parents/ grandparents/uncl es and aunties/ all invited in to help to celebrate themselves with the children.

- Home visits (prior to beginning)
- Stay and play
- Transition days
- Gradual admission
- Large focus on transition through summer term
- Risk assessments
- Transitional music- the same throughout the school
- Mindful moments prior to learning
- Visual timetables
- Countdown clap to get ready to stop and move into the next part of the timetable

- People who help me
- Career visits from different professionals and members of the community (Nurse, Dentist, midwife)
- Where money comes from
- Books around different careers
- Dressing up clothes in the home corner e.g. hard hat
- Outdoor area resources to encourage children to portray different roles and jobs e.g. bricklayer in the construction area, chef in the mud kitchen
- Careers visits from Fire Service
- Visit to Beswick
   Library. The
   Library also visits

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Citizenship	SMSC	Healthy Living	British Values	Equality & Diversity	Transition	Careers
Star and citizen of	buildings, books					us in the
the week	and					classroom.
Litter picking in						
the playground						
and castle						

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r	<ul> <li>Eco-monitors</li> <li>Litter pickers</li> <li>Lego Therapy         Group</li> <li>Project Week</li> <li>Allocating         communal jobs to         instil sense of         responsibility</li> <li>Friendship Group</li> </ul>	<ul> <li>Schools linking</li> <li>Library visits</li> <li>Reading         Ambassadors     </li> <li>Chess for Schools</li> </ul>	<ul> <li>Friendship &amp; communication groups.</li> <li>Inter-school sports competitions.</li> <li>KS1 &amp; KS2 Keeping safe assemblies.</li> <li>Healthy Challenge</li> <li>Healthy Eating Week</li> <li>Commando Jo</li> <li>Choir</li> <li>Sports Clubs</li> <li>Daily Mile</li> <li>Water Safety Week</li> </ul>	<ul> <li>School Council -         Councillor visit /         collaboration</li> <li>Voting in lessons -         BV</li> <li>Voting for School         Councillor in         classes</li> <li>Voting for Rights         Member</li> <li>Picture news</li> </ul>	<ul> <li>Schools linking</li> <li>Celebrations of diversity in class</li> <li>certification</li> <li>Diverse books within reading areas</li> <li>PRIDE Week</li> <li>Celebrating of different cultural events Eg - Eid, Christmas etc</li> <li>Inclusivity within sports and other extracurricular activities</li> </ul>	<ul> <li>Transition Days / Transition books (SEND) / 1-page Profile</li> <li>Pupil Voice</li> <li>Staged transition</li> <li>Nurture activities</li> <li>Relationship activities</li> <li>Teacher transition meetings</li> </ul>	<ul> <li>Career Visitors         through What's         My Line?         assembly</li> <li>Visitors for DT and         curriculum days.</li> <li>Stone Age         Workshop</li> </ul>

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U p p e r K e y S t a g e 2	<ul> <li>Secret garden</li> <li>SEND int - games.</li> <li>Social games</li> <li>Friendship Group Interventions</li> <li>Year 6 responsibilities.</li> <li>Prefects.</li> <li>Reading Buddies Y6/Y1</li> <li>Buddying up of new students</li> <li>Lego Therapy sessions (SEND)</li> <li>Group games with students</li> </ul>	<ul> <li>GDPR workshop</li> <li>Assertive mentoring</li> <li>Providing sanitary products in the toilets for child use</li> <li>Transition meetings with high school in Y6</li> <li>CITC Social Action Project</li> </ul>	<ul> <li>CITC Healthy         Living course</li> <li>School nurse</li> <li>Friendship &amp;         communication         groups.</li> <li>Inter-school         sports         competitions.</li> <li>Bike ability.</li> <li>KS1 &amp; KS2         Keeping safe         assemblies.</li> <li>TEMA theatre         production</li> <li>CITY Mental         Health Course</li> <li>Crucial Crew</li> <li>Y6 science unit         based upon heart         and healthy living</li> <li>Inter-class sports         activities</li> <li>CITC Mental         Health Sessions</li> </ul>	<ul> <li>Voting for the class novel</li> <li>Voting for whole class decision</li> <li>Lucy Powell Zoom Visit MP</li> <li>CITC Social action project</li> <li>Year 5 Viking Workshop</li> </ul>	<ul> <li>Premier League         Primary Stars     </li> <li>Diverse books         within reading             areas     </li> <li>Diverse books         within reading             spine     </li> <li>PSHE lessons             around gender             stereotypes</li> </ul>	<ul> <li>Visitors from industry e.g. woman engineer</li> <li>Transition for Y5/6</li> <li>Additional transition for SEND students with booklets</li> <li>Transition days at local high schools</li> <li>Staff from new schools talk to Year 6</li> <li>Work with TEMA re. Year 7 maths and English</li> <li>Drama visits to high schools</li> <li>Use of science labs</li> <li>Crucial Crew</li> <li>PD sessions based on changes</li> <li>Enterprise</li> <li>PGL trip</li> <li>Enterprise concepts</li> </ul>	<ul> <li>Viking Workshop</li> <li>MOSI Visit</li> <li>Visitors from industry e.g. woman engineer</li> <li>Visiting secondary schools, talking to older students about life after GCSE's</li> <li>GCHQ event in school - wide range of different careers</li> <li>Online GCHQ careers events.</li> <li>Archaeologist - Maya</li> <li>Greek Workshop</li> </ul>

## **British values**

	Democracy	The Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of
	Article 12 Every child has the right to be heard  Article 2 Every child has the right to be treated equally and with respect	Article 19 Every child has the right to be protected from harm  Article 1 Every child has the right to be treated equally and with respect  Article 29 Every child has the right to an education	Article 19 Every child has the right to be protected from harm  Article 12 Every child has the right to be heard  Article 2 Every child has the right to be treated equally and with respect	Article 2 Every child has the right to be treated equally and with respect Article 29 Every child has the right to an education	Different Faiths and Beliefs Article 2 Every child has the right to be treated equally and with respect Article 14 Every child has the right to practice their own religion Article 30 Every child has the right to practice their own culture
EYFS	- The children get to vote for a book when we read one at the end of the day Informing the children that you can only vote once and that the highest vote wins, ensuring that children have an understanding of what democracy is We show democracy in the classroom by letting children know that their views count, encouraging them to talk about their feelings e.g. through the zones of regulation and circle times.	- Behaviour chart - Consequences and praise and understanding that rules matter - Classroom and carpet expectations Circle times - Assemblies - Following the school values Class Charter - The children are beginning to understand the importance of respect for others and their classroom environment - Certificates to celebrate star, citizen and growth mindset and reinforce that	- Every day children have the freedom to choose what and where they want to extend their learning through play in the continuous provision Children are frequently encouraged to share and express their own feelings using the zones of the regulation on a daily basis and talk about why they are feeling this way and how they can improve the way they are feeling As a rights respecting school we consistently celebrate our diverse	- Rights respecting school- We have weekly assemblies that talk about our rights as individuals and groups Coram scarf assemblies- Weekly assemblies that show the children through the help of Harold the giraffe how to take care of ourselves and others Using our manners whilst in continuous provision in sharing our toys and resources, when receiving snacks saying please, thank you.	- Rights respecting assemblies focused around the rights of the child e.g. Article 2 - Non-discrimination - Class charters - The children are introduced to three main Articles which are focused around the respect of others Hold various different celebrations in class e.g. Eid day every year, Easter, Diwali, Christmas etc Parents are encouraged to post images of their own personal and religious celebrations onto Tapestry. These photos are then

	<ul> <li>We promote democracy through encouraging turntaking and sharing as well as making decisions and collaborating together.</li> <li>Listening to other people's points of view and being able to express your own opinions.</li> </ul>	following the school values is valuable for all children.	community through learning about all religions and allow children the opportunity to participate in a wide variety of cultural celebrations.  - Children are consistently promoted to express themselves freely in their play and are encouraged (moving away from outdated stereotypes)  - Children are able to choose their own snack each day.	- Behaviour management: beginning to understand why we need classroom rules, why they are there to help to keep us all safe Showing understanding that it is okay for us all to have different beliefs/feelings/ cultures and religions and we can talk about them Congratulating our peers on their achievements e.g. when receiving stickers/certificates/rainbow prizes.	shared with the rest of the children.
KS1	- Vote on a class book to read freedom of choice when voting for different daily aspects e.g which brain workout to choose. class monitor - jobs - Class money bank - voting on how to spend the money saved.	- Behaviour chart - Consequences and praise - Classroom expectations when implementing school values. Children understand the need for rules and how it helps us E-safety policy is followed when technology is present in the classroom Rights Respecting School - Children are referred back to rights of the child daily and understand their own rights and responsibilities they must followPSHE lessons on keeping safe. This includes the lesson 'who can help'. This is reinforced in story times where people who help us in	- Children have the right to socialise as they wish within reason Children have the right to choose a book independently for their own enjoyment Zones of regulation implemented daily. Children can share how they are feeling with a friend or an adult. Children are then given the opportunity to use a calm area if needed Show and tell time - children can express something about themselves to share with everyone.	- Restorative justice implemented when disagreements or disrespects have arisen Promoting our school values enables children to understand right and wrong Modelling mutual respect to the children.  Add info on following points - PSHE units on valuing difference supports children's awareness that there are similarities and differences between people: likes, gender, appearance, abilities, families, cultural backgrounds etc.	- Show and tell - children enjoy bringing in objects and artefacts associated with their faiths and beliefs. RE and worldwide views - lots of discussions about how religion and faiths differ and are similar PSHE - respect is modelled and ensured it is reciprocated through role play and partner activities Sharing books about celebrations around the world.  Y1 continuous provision - activities based on different religious celebrations.

		the wider community are discussed. e.g. police, doctors and paramedics.  (Add info on about children's understanding of people who help us)		This is also supported by a diverse range of books for story time.  Y1s history unit on the 1960s also encourages children to share photos and fact about their grandparents who are from a range of backgrounds and ages.  Recognises that people have things in common but everyone is unique. Identifies and respects the similarities and differences between people. This is also supported by our PSHE units valuing difference. Children play games to recognise what is the same and what is different about themselves and peers.	
LKS2	-Allocating communal jobs to instil sense of responsibility - corridor tidying/book shelves, coat pegs, lining up monitors Voting for class councillor - Voting for class books/ voting for different daily aspects of school day School Council - assemblies used to promote Democracy, School Councillor delivers the assembly to peers. This also provides time to deliver opinions and thoughts, present arguments about current issues in our World.	- Behaviour chart consequences and praise classroom expectations following school values - Class charter - following rights of child E safety rules - these are constantly referred to and used in lessons using technology/IT equipment. These are also discussed during PSHE lessons and sometimes in School Council Assemblies, when the topic arises PSHE curriculum - The Rule of Law is referred to during	- Children have the right to socialise as they wish within reason Children have the right to choose a book independently for their own enjoyment Zones of regulation implemented daily. Children are reminded about the Zones and encouraged to use them daily. Triggers are discussed and strategies prepared for situations when children may feel that they are moving into the red zone Reward Systems - choosing your rewards	- Allocating sport leaders to strengthen the sense of responsibility and mutual respect. Visual time table ZOR lessons to show children how to regulate emotions and instil concepts of showing respect etc. Discussions are held over supporting children with the Zones that they may find themselves in. Other children give strategies that can be used to support them.	- Inclusivity within extra curricular activities - a range of abilities and ages are chosen to be part of extracurricular activities. Children with EHCPs, SEND and gifted pupils are chosen to take part Celebrations of Eid / Christmas and other religious festivals Parents came in to give a talk about Ramadan - Study of diverse range of locations within wider curriculum - Ancient Egypt, South America

	- Rights team - working together to democratically make changed within the school	PSHE lessons. Laws are discussed and shared with pupils as necessary.  - Behaviour policies - Rule of Law is referred to in policies. School Values are linked to Laws, preparing children for the future.	- Personal expression within lessons - Class discussion/inclusivity.	- Restorative justice takes place to resolve issues/ disagreements During PSHE lessons and School Council Assemblies, children are taught about differences and how we celebrate differences. They learn how to respect these differences and understand that difference is okay 4M wall of positivity, children to write positive comments about each other.	
UKS2	- School Council - assemblies are used to promote democracy and discuss current topical and world issues Voting for class novels - Voting for what they will spend piggy bank money on at the end of the year - Ancient Greek topic in Year 6 - exploration of the birth of democracy and how this still has an impact on our democratic systems today Debating club - development and practice of skills of debating, making links to how this informs decision making within our country through parliament. Debate of topical issues relevant to students.	- School values Behaviour Policies - Rule of Law is referred to in policies. School Values are linked to Laws, preparing children for the future Class charter - following rights of the child throughout the year E-Safety rules - linked to the Rule of Law and expectations that take place in school Crucial Crew trip (Y6) - involvement with multiple services that are tasked with supporting the enforcement of laws within the country. Links with police PSHE curriculum - drugs unit linked to the rule of law Prefects (Y6) - helping to enforce the school rules at break time.	- Diverse range of books to choose from when reading - Break and lunch Choosing lunch options - Choice of morning work activity - Reward systems - choosing your reward - Personal expression in e.g. dance and art - Making choices about designs in DT - Choosing techniques in journaling in maths - Zones of regulation - taking ownership of emotional state and developing strategies to cope with different emotions Prefects (Y6) - responsibilities within a wider school and curriculum development.	- Rights respecting assemblies - developing awareness of the UN Charter of the child and the rights that they are entitled to Listening to each other - Restorative justice - developing empathy for others feelings, emotions and needs Respecting others beliefs/religions - Respecting others opinions - Understanding others' differences and including others - Adults modelling respect - Prefects (Y6) - modelling respectful behaviours for students throughout the school Reading buddies (Y6-Y1) - supporting younger children	- RE + Worldviews curriculum - learning about a range of different faiths and worldviews PSHE curriculum - tolerance and understanding of others, valuing difference, respectfully disagreeing with others and developing assertive skills Social stories - used to support students with SEND needs to understand issues of tolerance - Diversity throughout the curriculum - use of stories and texts based upon people of all different races, genders, sexualities and societies - Assemblies e.g. Black History Month

Pastoral - team	- Rights Team - School Council - Pupil Voice - Ashbury Buds - Restorative Justice - Young money piggy banks child votes for small class decisions - SEND PSHE program adapted to their needs-iMatter curriculum	-Restorative Justice -School values -Expectations reinforced at start of every intervention - Class charter - Playground charter - Behaviour policy - Community expectations - SEND PSHE program adapted to their needs-iMatter curriculum	themselves After-school clubs (drumming, debating)  - Restorative Justice - Individual behaviour plans, reward charts - Social stories - Pupil voice - School council - Rights team - Zones of regulation - SEND PSHE program adapted to their needs-iMatter curriculum	- Alan Turing - computing and history curriculum - Y6 PGL trip - team building, learning new skills and encountering different environments and people.  - Ashbury Buds - Restorative Justice - Friendship groups and interventions - Year 6 mentor jobs - Eco warriors - Class charters - Playground charter - Choir group visits to old peoples home - SEND PSHE program adapted to their needs-iMatter curriculum	-Restorative Justice - Celebrating religious events in interventions - SEND PSHE program adapted to their needs-iMatter curriculum - Dobir- lead for provent spoke to staff and children
	-Weekly assemblies -Celebration assembly	-Rights charters -Classroom expectations	- Choosing times - Life skills	<ul> <li>Young carers</li> <li>Why's up came into school to do assemblies on hate crime</li> <li>Literature/social stories</li> <li>Nurture groups</li> </ul>	- Assemblies, feelings books, - Identity map displayed in

-Use of SEND PSHE scheme	-Acceptable use policies/e-	- I want cards to	- Social emotional	- Through RE adaptation,
resources	safety rules	communicate choices	interventions	explicit teaching of tolerance
-Introducing the concept of	-PSHE lessons		- Weekly social skills time	of faiths
voting through game play	-Behaviour policy	- Communication charts	- Visual reminders displayed	- Opportunities to learn
	-Reflections of behaviour		around classroom	about different celebrations,
	-Use of sign language in			historical events
	Bumblebees to support			- Wide range of literature
	reflection			available in reading areas
	-Instilling school values			
	-Social stories			